

The Body Map™

ACCEPTING LOVE
 HOLDING ONTO LOVE
 RECEIVING
 CONTROL & OTHERS
 BLESS YOURSELF / BLISS
 BLAMING YOURSELF
 DESERVE LOVE
 OTHERS BLAMING YOU
 PLEASING SELF
 TRY & PLEASE
 BLESSING OTHERS
 BLAMING OTHERS
 UNLIMITED BEING
 VICTIM
 SHARING
 ASHAMED & SELF
 SELF BENEFIT
 SELF SABOTAGE
 HONOR PERFECTION
 PISSED OFF & SELF
 CELEBRATE
 SADNESS/DISAPPOINTMENT
 ENJOYMENT
 JEALOUSY
 CREATE ECSTASY
 ADDICTION/BLISS
 GODDESS ENERGY
 ANGER & WOMEN
 SACREDNESS
 RESENT WOMEN
 EARTH WISDOM
 MOM & WOMB/GENETIC
 COURAGE
 ENRAGE
 PLEASURABLE
 DEEP SEATED
 AMASEMENT / FUN
 FRUSTRATION
 LIGHTEN UP
 DAMNING & FLOW
 REMEMBER GAME
 RELUCTANCE :: HERE
 LOVING SELF
 PERSECUTION & SELF
 SUPPORT & WOMEN
 NOT NURTURED
 SENSUALITY
 SENSE OF PAIN
 UNDERSTANDING FEMINE
 NOT WANT TO BE HERE
 TRUE HEARTS DESIRE
 DESIRE NATURE
 WALK IN AWARENESS
 DISCONNECTED FROM EARTH/LIFE
 FEELING FULLY
 INTERNALIZED EMOTIONS
 FLOW & LIFE JUICES
 NOT FEELING SWEETNESS

SURRENDER
 TRY & CONTROL
 DESERVE LOVE
 PASSIVE
 DESERVE POWER
 AGGRESSIVE

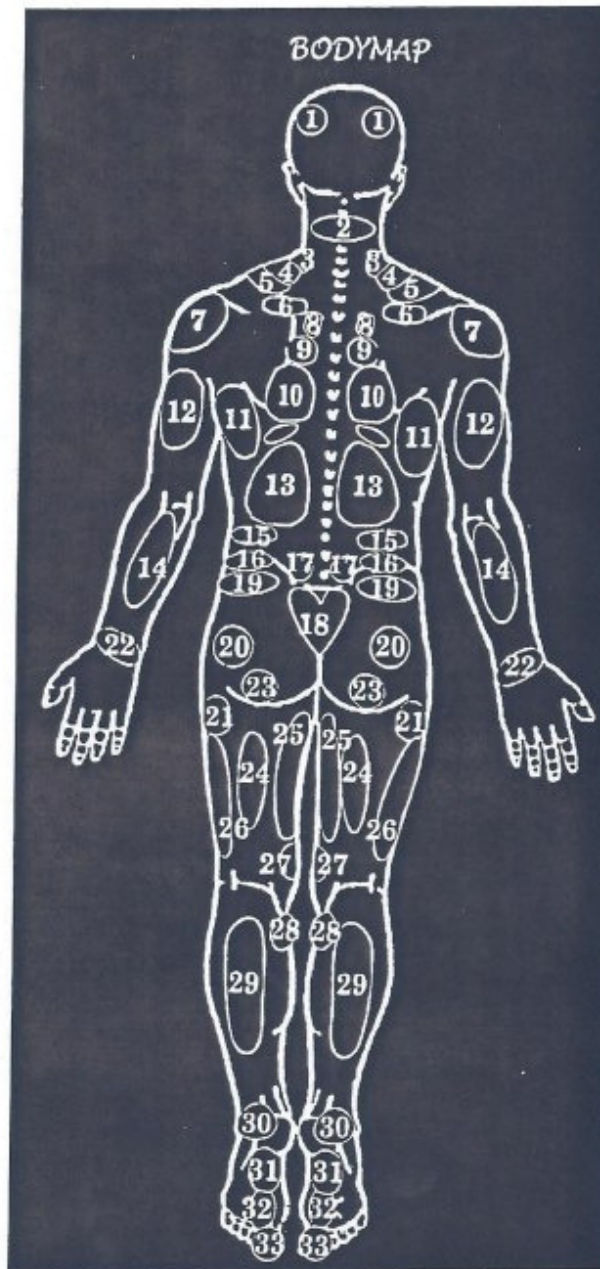
BEING IN THE FLOW
 FEAR & BEING OUT OF CONTROL
 GRATITUDE
 GUILT
 RESPONSE ABILITY
 FALSE SENSE & RESPONSIBILITY
 PRESENT W/ LOVE
 NOT TRUST INNATE PERFECTION
 TRUST & ALLOW
 TRY & MAKE THINGS WORK
 "I AM" REMEMBRANCE
 FORGETFULNESS/FEAR
 WONDERMENT
 WORRY
 SUPPORT
 FINANCIAL CONCERNS
 DESERVE
 SELF DESTRUCTIVE
 PERFECTION/TRUTH
 PISSED OFF & OTHERS/BETRAYAL
 REVELATION
 REVENGE
 HOLY/WHOLE SOME RELATING
 CODEPENDENCY/KOMPLUSION
 SACRED POWER
 SPIRITUAL/SEXUAL
 APPRECIATION
 ANGER & MEN
 PLAY W/ MEN
 RESENT MEN
 ANCESTRAL WISDOM
 FATHER GENETIC
 OUTRAGEOUS
 OUTRAGE
 ECTATIC ASSHOLES
 "ASSHOLE" DEROGATORY
 PASSIONATE
 DEEP SEATED EMOTIONS
 DIVINE TIME
 IMPATIENCE
 STAND & YOUR POWER
 NOT STANDING THINGS
 TRUSTING TIMING
 PROCRASTINATION
 PERFECTION OF PURPOSE
 PERSECUTION & OTHERS
 SUPPORT & MEN/GOD
 LACK OF SUPPORT
 SEXUALITY
 SEXUAL ABUSE/PAIN
 UNDERSTANDING MEN
 MISUNDERSTANDING
 APPRECIATE & EGO
 "MALE" OR FALSE Ego/ISSUE
 PATH & POWER
 LIFE EXPECTATIONS
 INNER PEACE
 INTERNALIZED NEGATIVITY

CIRCULATION & ENERGY
 JAMMED FLOW

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 www.EnergyEnhancementSystem.com HI: (808) 884-5644

1. Negative thoughts about self
2. Separation from higher self
3. Blame self
 - Blamed by others
 - Blaming others
6. Responding to blame
7. Controlled by others
8. Passive aggression towards self
9. Heart break
10. Everyone is a victim
11. Trying to please by being controlled
12. Defenseless, helpless and hopeless
13. Want to be someone else
14. Overextending to prove good enough to be loved
15. Self-sabotage and disappointment in self
16. Pissed off at self
17. Take revenge out on self
18. I'm a sinner for just being alive
19. Addictive habits
20. Anger at women, mother and self, feeling inferior
21. Resent self
22. Childhood trauma with mother
23. Deep seated inner rage
24. Can't stand the life you have
25. Want to have another body
26. Frustration
27. Fear of being persecuted for being who you are
28. Not liked by females
29. Women don't support you
 - Rigidly suppressing feelings
 - Think power is from controlling
32. Heart closed to love
33. Goddess opposes personal will

1. Positive thoughts about self
2. Fully connected to inner wisdom
3. Bliss out and bless self
4. Blessed by others
5. Bless others
6. Ability to respond
7. Easily accepted by others
8. Positive self confidence
9. Heart open to unconditional love
10. Faith in the power of love
11. Trust self to be good enough
12. Can rely on and have faith in self
13. Give self permission to be who you really are
14. Just being love is enough
15. Self approval
16. Understand and accept self
17. Revelation of inner self worth
18. Feel body as perfect and sacred
19. Moderation in all aspects of life
20. Feelings empower creativity
21. Respect self
22. Rise above past maternal programs
23. Be outrageously happy
24. Life is fun
25. Love your body just the way it is
26. Have fun with all your feelings.
27. Success is assured by being true to self
 - Females like you
29. Feelings support you
30. Flexible feelings
31. Feelings and intuition are your power
32. Open your heart to love
33. Align with Goddess, open to intuition



1. Negative thoughts about others
2. Separated from love
3. Self guilt
4. Made to feel guilty
5. See others as guilty
6. Responsible for everything that happens
7. Controlling others and self
8. Passive aggressive
9. Fear the abuse of love
10. Fear of doing
11. Trying to do it all or controlling everything
12. Defensive towards changing
13. Worry about everything
14. Overextending to prove you're good enough
15. Worried about not enough abundance
16. Pissed off at male dominant society
17. Want revenge on others
18. Can't be myself, must please others
19. Compulsive habits and attitude
20. Anger at men's misuse of power
21. Resentful of others
22. Childhood trauma with father
23. Deep seated outward rage
24. Can't stand to be on time
25. Procrastination, putting things off
26. Impatience, not enough time to do it all
27. Fear of being persecuted by others
28. Not liked by men
29. Men don't support you
30. Rigidly holding on to old ideas
31. Think power comes from controlling things
32. Lost sweetness and joy of living, bitter
33. God opposes personal will

1. See the bigger picture
2. Feel connected to loved ones
3. Grateful for learning how to love self
4. Grateful for lessons, innocent
5. Grateful for others
6. Ability to respond with wisdom
7. Align with purpose and relax into flow
8. Actively positive
9. Open to loving others
10. Freedom to act
11. Trust divine flow of life
12. It's easy to change
13. Experience the wonderment of being alive
14. You are good enough just being
15. Acknowledge abundance is everywhere
16. Understand position of others
17. Revelation of bigger picture
18. Honour sacredness of all parts of self
19. Think and act in new ways
20. Forgive men
21. Respect others
22. Rise above past paternal programs
23. Live greatest life
24. Stand in perfect timing
25. Do what you love
26. You have all the time in the world
27. Have fun being supported
28. Men like you
29. Allow support from men
30. Flexible ideas
31. Walk your talk and stand in your truth
32. In touch with sweet juiciness of life
33. Divine will is same as your will

Left

Blamed self

Hold onto Love

Others blamed you

Tried to please (Victim)

Ashamed of self

Self Sabatage

Sadness/disappointment

Pissed off at self

Jealousy

Addiction

Anger at women

Mom from womb

Enrage

Frustration

Reluctance to be here

Support by women

Sensuality

Understanding feminine

Internalized emotions

Right

Guilt

False sense of
responsibility

Control Issues

Fear

Worry

Financial concerns

Pissed off at others

Revenge

Codependency/compulsions

Anger at men

Father genetic

Outrage

Asshole

Sacrum/Sexuality

Impatience

Procrastination

Support by men

Sexuality

Understanding masculine

Internalized negativity

FOUNDATION SESSION - FRONT

Total openness - from front, all issues concern some aspect of vulnerability. Things you haven't wanted to face (walk down front with the heel of both hands - remember to be in the dance - spiraling energy out through the skull.

Collar bone area - shut down of joy, lack of enthusiasm/will, disenchantment, discouraged.

Thymus - letting go of all thoughts that ever created pain and/or tension.

Heart - knowing of the highest truth. When I love I get hurt .

Breast - around edge - not nurturing yourself, not feeling nurtured as a child, not being accepted by father/man (right) or mother/woman (left).

Lungs - fear, claiming power now with breath.

RIGHT SIDE

Liver - gall bladder - irritations, suppressed anger, not processing negativity (same as bottom of right foot (same languaging). Knotting up inside. Things that have created tension.

Inside pelvic area and down to groin - ideas from father/church that sex is painful. Incest and rape issues. Things that have stood in the way of pleasure.

Top of thigh - fear of going forward with life, relationships, power, taking next step in life.

Inside thigh - fear of being intimate.

Top of shin - willing to take a stand, defenselessness (not a leg to stand on)

Knee cap - mobility issues - choosing to move with the flow, adapting to changes easily. (clear adhesions around kneecap).

Leg lift - stretching leg and bending forward, moving forward and side to side - cradling foot with right hand and bringing leg to straight position (leg supported against left leg) lift gently after rotation and slowly lower back to original position, shake with traction and rest.

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